Pnimiyut

The Inner Dimension of Torah

Chayei Sarah **פ׳ חיי שרה תשפ״ז**

THE PURCHASE WITHIN THE PURCHASE

What was hidden rose up

Whenever Avraham needed a burial place, the Torah records a negotiation. He approached Ephron the Hittite, paid the full price, and four hundred silver shekels changed hands. A transaction, visible to all. But the Zohar reveals what was happening beneath the surface.

Ephron saw only darkness in the cave. Avraham saw light. Why? Because, says the Zohar, things are never revealed except to their rightful owner. Ephron had no part in what the cave held, he sold easily, releasing something he could not see. Avraham knew exactly what he was acquiring.

When Avraham first entered the cave, he saw a bright light. The ground lifted. Two graves appeared. And then Adam himself arose in his true form. He said to Avraham: ה' buried me here. From that time until now I have been lying hidden, like a seed in the earth, until you came into the world. From now there is salvation for me and for the world because of you.

Avraham committed to stand before ה׳ on Adam's behalf — so that Adam would not be shamed on account of his sin. The real transaction had been waiting since the beginning of time. Four hundred shekels paid Ephron. What was owed to Adam cannot be counted in silver.

The Talmud teaches: כל העולם לא נברא אלא בשבילי — the world was created only for my sake. Each person carries a portion of creation that is specifically theirs sparks that fell when Adam sinned, scattered into the world, waiting to be elevated by the one whose soul corresponds to them. No one else can do it. Only you.

Avraham arrived with an ordinary need. Beneath that need was his real purpose: to complete what had been awaiting him since creation. The field rose up to meet him because it recognized its owner. This is what every act of kedusha is, we arrive with ordinary needs, and what is hidden rises to meet the one it has been waiting for.

A STORY

In the tradition of the Baal Shem Tov

A man came to the Baal Shem Tov troubled. He had traveled three days to negotiate the purchase of a forest, but the seller changed his mind and the deal fell through. He felt his journey had been for nothing.

'The deal,' said the Baal Shem Tov, 'was never the purpose of your journey.'

The man did not understand.

'In that forest,' said the Baal Shem Tov, 'there was a spark of your soul — a piece that fell at the time of Adam HaRishon. It had been waiting there since creation, and only you could reach it. The moment you walked into that forest, the spark was freed. The deal collapsed because your work was already done.'

The man asked: 'But I didn't do anything. I just showed up.'

'Yes,' said the Baal Shem Tov. 'You showed up. That was everything. Sometimes the field rises up to meet us, and we don't even know it.'

TAKE TO THE MIKVEH

IMMERSION GUIDE · *English · no divine names are*

WEEKDAY

Dip 1 · Purification

Alef Lamed Pey - Heh Heh - Yud Vav Dalet - Heh Heh

As you enter the water, intend to purify yourself completely. Every trace of impurity dissolves and returns to its source.

You emerge clean.

Dip 2 · Repairing Anger

Alef Lamed Pey - Heh Heh - Yud Vav Dalet - Heh Heh

Intend to repair the damage that anger leaves in the soul. Anger severs a person from his deepest self — the water reaches that place.

Dip 3 · Rebirth

As you rise from the water, hold this awareness: you are not emerging cleansed — you are being born. The same person, met again at his source, before any of it happened.

SHABBAT

For Shabbat Kodesh, intend during immersion:

Dip 1 · Purification

Alef Lamed Pey - Heh Heh - Yud Vav Dalet - Heh Heh

To remove the weekday garments of the soul.

Intend to draw purification upon yourself. As you submerge, let everything accumulated dissolve. Enter Shabbat clean.

Optional — if you wish to immerse further, before the final immersion:

Repairing anger:

Alef Lamed Pey - Heh Heh - Yud Vav Dalet – Heh Heh

Intend to repair the damage caused by anger.

Repairing — *at each of the four levels:*

Yud Vav Dalet - Hey Yud - Vav Yud Vav - Hey Yud (ע"ב)

Yud Vav Dalet - Hey Yud - Vav Alef Vav - Hey Yud (ס"ג)

Yud Vav Dalet - Heh Alef -Vav Alef Vav - Heh Alef (מ"ה)

Yud Vav Dalet - Heh Heh -Vav Vav - Heh Heh (ב"ן)

Dip 2 · Neshama Yeteira

Alef-Heh-Yud-Heh · Yud-Heh-Vav

Intend to receive the additional soul that הי places in a person when Shabbat enters. Open yourself to receive it.

KAVANOT OF MIKVE - SUMMARY

KAVANOT MIKVE · *Weekday*

כוונה א' · PURIFICATION

אלף-הה-יוד-הה

כוונה ב' · REPAIRING ANGER

אלף-הה-יוד-הה

כוונה ג' · REBIRTH

As you rise from the water, hold this awareness: you are not emerging cleansed — you are being born. The same person, met again at his source, before any of it happened.

KAVANOT MIKVE · *Shabbat*

טבילה א' · PURIFICATION

להפשיט בגדי חול של הנפש *To remove the weekday garments of the soul*

אלף - הה - יוד - הה

Optional — immerse further before the final dip:

פגם הכעס אלף-הה-יוד-הה

ע"ב יוד-הי-ויו-הי

ס"ג יוד-הי-ואו-הי

מ"ה יוד-הא-ואו-הא

ב"ן יוד-הה-וו-הה

טבילה ב' · NESHAMA YETEIRA

א - ה - י - ה י - ה - ו

Intend to receive the additional soul that ה' places in a person when Shabbat enters. Open yourself to receive it.

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